

Calling all lifeguards! Kinston/Lenoir Co. Parks & Recreation Dept. is offering a lifeguarding class beginning Monday January 22nd. Anyone 15 years and older before January 22nd and passes this class will be hired as a lifeguard. *To register or for more information contact Josh Bass @ (252)361-1458.*

Lifeguarding Class Schedule:

Mon. January 22nd,

4pm-9pm

Tue.

January 23rd,

4pm-9pm

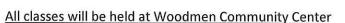
Wed. January 24th,

4pm-9pm

Thurs. January 25th,

4pm-9pm





Cost: \$200.00 per student

If you pass the class you will have a job as a lifeguard at the Woodmen Community Center/Lions Water Adventure for the summer!!!

Pretest: 12 laps consisting of 4 laps freestyle, 4 laps breaststroke, 4 laps either. Test also includes retrieving a 10-pound brick from the deep end of the pool and treading water for 2 minutes without using arms.

