



Calling all lifeguards! Kinston/Lenoir Co. Parks & Recreation Dept. is offering a lifeguarding class beginning Monday January 22nd. Anyone 15 years and older before January 22nd and passes this class will be hired as a lifeguard. [To register or for more information contact Josh Bass @ \(252\)361-1458.](#)

Lifeguarding Class Schedule:

Mon.	January 22 nd ,	4pm-9pm
Tue.	January 23 rd ,	4pm-9pm
Wed.	January 24 th ,	4pm-9pm
Thurs.	January 25 th ,	4pm-9pm



All classes will be held at Woodmen Community Center

Cost: \$200.00 per student

If you pass the class you will have a job as a lifeguard at the Woodmen Community Center/Lions Water Adventure for the summer!!!

Pretest: 12 laps consisting of 4 laps freestyle, 4 laps breaststroke, 4 laps either. Test also includes retrieving a 10-pound brick from the deep end of the pool and treading water for 2 minutes without using arms.

